



Admire Interventional Masterclass

**India's Best Training Destination
in Aesthetic Dermatology**



40+ National Faculty



M Convention Centre, Chennai



20, 21, 22 June 2025

For Dermatologists only

Workshop Schedule

Workshop 1:

The Art of Botulinum Toxin and Skin Boosters: Smoothen and Enhance

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM

Hands-on Session - 1 Botulinum Toxin

Duration - 2 Hours

- ✓ Facial Mapping for Botulinum Toxin Injections
- ✓ Key Landmarks
- ✓ Injections
 - Frown lines
 - Forehead lines
 - Crow's feet
 - Eyebrow lifting
 - Gummy smile
 - Nefertiti Lift
 - Nose Toxin
 - Mesobotox
- ✓ Toxin for the body - Neck, Palm, and Axill



Dr. Rajat Kandhari



Dr. Geetanjali Shetty

Hands-on Session - 2 Skin Boosters

Duration - 2 Hours

- ✓ Facial Mapping
- ✓ Injection Techniques - Superficial, Deep & Bio Aesthetic Points (BAP technique)
- ✓ Live Demo - PDRN boosters and HA based boosters (all possible form of boosters will be covered here)

Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Relevant Facial Anatomy
- ✓ Types of Botulinum Toxins available
- ✓ Basic & Advance Indications
- ✓ Overview of skin boosters - Hyaluronic Bases Hydration Boosters & Biostimulators (PDRN)
- ✓ What to use where



Workshop 2:

Semi-permanent Makeup: Tips and Tricks

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM

Hands-on Session - 1 Eyebrows

Duration - 2 Hours

- ✓ Types of eyebrow micro-pigmentation
- ✓ Microblading
- ✓ Powder brows
- ✓ Nano brows
- ✓ Ombre brows



Dr. Gunjan Shah



Dr. Manjot Marwah



Hands-on Session - 2 Lips and Scalp

Duration - 2 Hours

- ✓ Microblading lip & scalp
- ✓ Lip Tinting
- ✓ Lip Blush
- ✓ Scalp Micropigmentation

Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Overview of semi-permanent makeup - Eyebrow
- ✓ Eyebrow - Anatomy & Techniques
- ✓ Types of instruments and microblading
- ✓ Colour Theory Part 1 & 2
- ✓ Relevant Anatomy (Lip & Scalp)
- ✓ Basics
- ✓ Techniques



Workshop 3:

Facial Threads, Fat Grafting & Non-surgical Body Contouring: Lift, Sculpt and Shape

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM

Hands-on Session - 1 Fat Grafting

Duration - 2 Hours

- ✓ Tumescant Anaesthesia and aseptic precautions
- ✓ Fat harvesting
- ✓ Fat Processing - Sedimentation, Centrifuge, Washing
- ✓ Preparation of Mili, Micro, Nanofat
- ✓ SVF preparation, Injection, Protocols and techniques



Dr. V. S. Rathore



Dr. Viral Desai

Hands-on Session - 2 Threadlift

Duration - 2 Hours

- ✓ Patient Selection, Planning and Marking
- ✓ Anaesthesia and Safety
- ✓ Insertion of mono threads and cog threads
- ✓ Understanding various vectors
- ✓ Video demonstration of advanced techniques



Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Understanding the aging face and the options available
- ✓ Relevant Anatomy for Fat Grafting and Injection Lipolysis
- ✓ Overview of SVF
- ✓ Threadlift
 - Overview
 - Pertinent Facial Anatomy
- ✓ Body Contouring - Non-surgical
 - Brief understanding of Body HIFU & EMS
 - Indications
 - Patient Selection
 - Expectatio

Workshop 4:

Pioneering Regenerative Trichology: Revival of the root

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM



Dr. Aseem Sharma



Dr. Suresh M. S.



Dr. Shukun Dashore

Hands-on Session - 1 Regenerative Trichology

Duration - 2 Hours

- ✓ Platelet derived growth factors- PRP / GFC
- ✓ Autologous Growth Factors
- ✓ Heterologous growth factors with microneedling or fractional lasers
- ✓ Autologous stem cells - Hair Follicle derived
- ✓ Stem Cell Extraction Techniques:
 - Mechanical Methods
 - Enzymatic Methods

Hands-on Session - 2 Regenerative Trichology

Duration - 2 Hours

- ✓ Exosomes for hair
- ✓ Injectable Antiandrogens
- ✓ PDO threads
- ✓ Botulinum toxin

Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Interventional Trichology - An overview
- ✓ Growth Factors and Stem Cells - Where to use what and how to harvest them efficiently
- ✓ Exosomes for hair growth - What to use where - Cutting through commerce!
- ✓ Newer procedures - PDO threads, Toxin, Injectable antiandrogens



Workshop 5:

Mastering Fillers: Sculpt, Define and Refine

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM

Hands-on Session - 1 Fillers

Duration - 2 Hours

- ✓ Lateral injection points for dermal fillers - Zygoma, Gonial Angle, Temples
- ✓ Medial cheek restoration
- ✓ Lips



Dr. Malavika Kohli



Dr. Maya Vedamurthy

Hands-on Session - 2 Fillers

Duration - 2 Hours

- ✓ Fillers for
 - Tear Troughs
 - Nasolabial folds
 - Chin
 - Jawline

And Other areas - Nose, hands, neck and the décolletage



Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Relevant facial anatomy
- ✓ Rheology masterclass
- ✓ How to choose the right fillers for right indications
- ✓ Vascular Anatomy
- ✓ How to avert to complications related to injectables



Workshop 6:

The Laser and Energy Based Devices Lounge - From Lumens to Lift

Duration - 10 Hours

Faculty to student ratio - 1:10

Timing - 09:00 AM - 07:00 PM

Hands-on Session - 1 Lasers & Energy Based Devices

Duration - 2 Hours

- ✓ Basics of Laser Physics
- ✓ Microsecond Nd: YAG Laser for Acne
- ✓ Laser reduction technologies



Dr. B. S. Chandrashekar



Dr. Falguni Shah

Hands-on Session - 2 Lasers & Energy Based Devices

Duration - 2 Hours

- ✓ Acne Scar Management
 - Fractional CO2
 - Erbium Glass Non ablative for Acne scars (Erbium glass & subablative RF)
 - Microneedling RF for Acne scars (+/- subcision)
- ✓ RF indications
- ✓ Non Surgical Body Contouring
- ✓ HIFU a game changer in Anti Aging



Lectures, Group Discussions, Doubt Clearing Sessions

Duration - 2 Hours

- ✓ Basics of Laser Physics
- ✓ Microsecond Nd: YAG Laser for Acne
- ✓ Laser hair reduction technologies
- ✓ Acne Scar Management
 - Fractional CO2
 - Erbium Glass Non ablative for Acne scars (Erbium glass & subablative RF)
 - Microneedling RF for Acne scars (+/- subcision)
- ✓ RF Indications
- ✓ Non Surgical Body Contouring
- ✓ HIFU a game changer in Anti-aging